



List of Requirements

The Stock Camp Hike

On departing Mt Isa all food and beverages are supplied (except for meals at Adels Grove as stated in itinerary), all you need is your sense of adventure and your personal requirements. Wine and refreshments are provided each evening.

There is a flushing toilet at the Stock Camp but there are no toilets on the trails. Tissues, wipes and snap lock bags are on your list of requirements. Spacious twin share bell tents are provided with stretcher beds and Deluxe Black Wolfe camping mattresses.

Please note there is limited room in the transfer vehicles, so a backpack and 1 bag only is requested.

Compulsory gear

- Sleeping bag and pillow.
- 13 - 18L day pack to carry camera, band aids, pain relief, snacks etc.
- 2L water bladder to carry in backpack
- Good trekking shoes
- 1 towel for swimming and trip to Adels Grove
- Approx. 600ml water bottle
- Tissues and wipes
- Snap lock bags or nappy sacks for personal rubbish
- Personal first aid kit (plasters, compression bandage, pain relief tablets, personal medications)

Recommended gear

- Head torch
- Sunscreen, lip balm and insect repellent
- Hat and sunglasses
- Windproof jacket / light jacket
- Camera
- Bandana for neck protection.
- Sock protectors

Clothing for trek

- 2-3 pairs of walking shorts and / or long pants
- 2 – 3 long sleeved shirts
- 3 – 4 pairs trekking socks
- swimmers



Clothing and gear for trip

- Casual wear for the nights on trek
- Casual outfit for trip home
- Warm jacket to wear at night
- Pyjamas
- Underwear
- Toiletries
- Bag for dirty clothes

*Borrow these items if you are unlikely to use this type of gear again

*NB – don't over pack. You won't need new outfits every night!