



List of Requirements

The Stock Camp Hike

On departing Mt Isa all food and beverages are supplied, (excluding purchases in Camooweal on the road trip to and from Trek West). All you need is your sense of adventure and your personal requirements. Wine and refreshments are provided each evening.

There is a flushing toilet at the Stock Camp but there are no toilets on the trails. Tissues, wipes and snap lock bags are on your list of requirements. Spacious twin share bell tents are provided with stretcher beds and deluxe camping mattresses. You just need your own sleeping bag and pillow.

Please note there is limited room in the transfer vehicles, so a backpack and 1 bag only is requested, please note a soft duffel/sports bag is preferable – not a hard case suitcase.

Compulsory gear

- Sleeping bag and pillow.
- Small day pack to carry camera, band aids, snacks etc.
- 1-2L water bladder to carry in backpack **or**
- Approx. 600ml water bottle
- Good trekking shoes
- 1 light weight towel for swimming
- Tissues and wipes
- Snap lock bags or nappy sacks for personal rubbish
- Personal first aid kit (plasters, pain relief tablets, personal medications)

Recommended gear

- Head torch
- Sunscreen and lip balm
- Broad brimmed hat and sunglasses
- Windproof jacket / light jacket
- Camera
- Bandana for neck protection.
- Sock protectors

Clothing for trek



- 2 pairs of walking shorts and/or long pants
- 1 pair of heavier cotton or comfortable jeans to wear to The Lost City
- 2 – 3 long sleeved shirts
- 3 – 4 pairs trekking socks
- Swimmers
- Casual wear for the nights on trek
- Casual outfit for trip home
- Warm jacket to wear at night
- Pyjamas
- Toiletries
- Bag for dirty clothes
- Shoes to wear to swimming hole

*Borrow these items if you are unlikely to use this type of gear again

*NB – don't over pack. You won't need new outfits every night!